

# LAKENTAS ESSENCES' MAY READY MEALS

Preorder Only  
Cell 919-452-4813 call or text  
Email: lakentasessences@gmail.com  
Website: lakentasessences.com

## 1ST MONDAY 05/03 DUE BY 04/29/21 @9PM

BAKED SPAGHETTI TURKEY OR BEEF IND \$13, FAMILY OF 4 \$30, FAMILY OF 6 \$50  
CHESSY BAKED SPAGHETTI WITH A TOSSED GARDEN SALAD WITH FRENCH BREAD  
• INCLUDES RANCH AND ITALIAN DRESSING.

## 2ND MONDAY 05/10 DUE BY 05/06/21 @ 9PM

TACOS CHICKEN OR BEEF IND \$12 FAMILY OF 4 \$35, FAMILY OF 6 \$45  
HARD SHELLS FLOUR TORTILLAS DICED TOMATOES OR PICO DE GALLO  
SHREDDED LETTUCE SHREDDED CHEDDAR CHEESE SOUR CREAM SALSA  
• HOMEMADE GUACAMOLE IND +\$1.50, FAMILY OF 4 +\$3.50 FAMILY OF 6 +\$4

## 4TH MONDAY 05/24 DUE BY 05/20/21 @ 9PM

CHICKEN DINNER IND \$12 FAMILY OF \$ \$40, FAMILY OF 6 \$50  
BAKED & BBQ CHICKEN (LEGS & THIGHS) WITH BAKED MAC & CHEESE,  
COLLARDS OR CABBAGE DINNER ROLLS OR BUTTERMILK BISCUITS.

## 5TH MONDAY 05/31 DUE BY 05/27/21 @ 9PM

ALFREDO IND \$12 FAMILY OF 4 \$35 FAMILY OF 6 \$45  
CREAMY CHICKEN BROCCOLI ALFREDO WITH FRENCH BREAD  
• SHRIMP EXTRA IND \$2 FAMILY OF 4, \$5 FAMILY OF 6 \$8

## DRINKS

STREATER JUICE 16OZ. \$3.00  
FRUIT PUNCH , FRUIT MEDLEY

SODAS CAN \$.75, 2 LITER \$1  
DR PERKY ORANGE MOUNTAIN LION RAGIN GRAPE RIP ROARING FRUIT PUNCH